

Don't Feel Stupid at 60

We have only one life. How do you want to live yours so you don't feel stupid when you turn 60?

A thought-provoking yet humorous book by Ajay Jain

BIBLIOGRAPHICAL INFORMATION

Book: Don't Feel Stupid at 60

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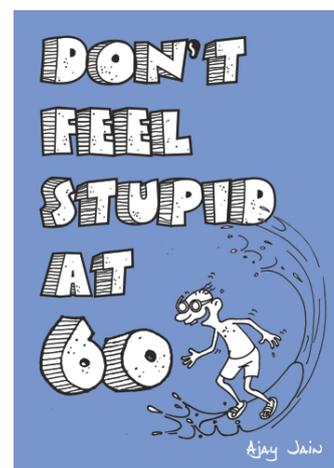
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USEFUL LINKS / CONTACTS

More on the book including sample chapters: <http://dontfeelstupidat60.com>

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BOOK SUMMARY

We have only one life. Unless proven otherwise. And we get a chance to live it only once. No re-takes. It is a one way street. And, barring some real bad luck, we will all hit 60 someday.

It will then be a time to reflect back on the life gone by. And take stock. Of what we have done and not done over the years. Decisions taken and been glad. Or regretted. The quality of life led.

And when you do, would you want to feel stupid about it? And kick yourself for pursuing what seems insignificant on hindsight, in the process wasting an opportunity to have lived life to the full?

This book is a compilation of ideas to make your life more fulfilling, enriched and healthy. It is not a to-do manual, but offers a suggestive course. To prompt you to think about the choices you must make. After all, it is your life. How do you want to live yours?

About Ajay Jain

Writer, Photographer, Blogger, Traveller

Ajay Jain is a full time writer, journalist and photographer based in New Delhi in India. And he loves to experiment with new ideas and skills.



Ever since switching to writing as a career in 2001, he has dabbled with various media including newspapers, magazines, blogs and books. He has used his vast experience to write books and columns on travel, management, technology, environment and personal development. He has worked for and written columns for leading publications including *The Hindustan Times*, *Mint*, *Financial Express*, *Indian Management (Business Standard / Financial Times)*, *Outlook Business*, *Deccan Herald*, *Mumbai Mirror (Times of India)*, *Discover India*, *Swagat*, *Asian Age* and *Rediff.com*. He has also edited a youth newspaper, *The Campus Paper*.

Ajay Jain is also a regular on the speaking circuit, and addresses audiences at various conferences and corporate events. He also conducts workshops of social media marketing and PR, and personal branding.

Prior to taking up writing, he has worked in the Information Technology and Sports Management sectors. He holds degrees in Mechanical Engineering (Delhi College of Engineering, 1992), Management (Fore School of Management, 1994) and Journalism (Cardiff University, UK, 2002). His schooling was at St. Columba's School in New Delhi.

Travel Books by Ajay Jain

Peep Peep Don't Sleep

A collection of funny roads signs and ads in India. (<http://PeepPeepDontSleep.com>)

Kunzum Travel List 1-25 and 26-50 (Two Volumes)

A collection of 50 travelogues from across India and Nepal (<http://ajayjain.com/kunzumtravellist>)

Delhi 101

101 surprising ways to discover Delhi (<http://delhi101.com>)

Postcards from Ladakh

A pictorial travelogue on Ladakh (<http://ajayjain.com/postcardsfromladakh>)

Other Books by Ajay Jain

Super Brand You

A guide to building your Personal Brand as a professional (<http://superbrandyou.com>)



ajay jain

Don't Feel Stupid at 60

A thought provoking yet humorous book on how to lead a happy and fulfilling life so we don't feel stupid when we look back on our lives when we turn 60 (<http://ajayjain.com/60>)

Let's Connect: Using LinkedIn to Get Ahead at Work

How to use LinkedIn.com, the world's hottest professional networking site, to benefit you at work (<http://ajayjain.com/linkedin>)

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LinkedIn: <http://www.linkedin.com/in/ajayjain9>



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